



HAVE A QUESTION? WE'RE HERE TO HELP

GET IN TOUCH

YOUR RIGHT TO YOUR RECORDS

British Columbia's privacy laws give you the right to access your own personal information held by public bodies or private organizations.

There are three steps involved:

1. Submit a written request to the record holder.

2. No response in 30 days? You can contact us and request a review of the failure to respond.

3. Records missing? Disagree with severing decisions? You can request a review of those decisions with our office.

www.oipc.bc.ca



Phone: (250) 387-5629

Email: info@oipc.bc.ca

Website: oipc.bc.ca



Phone: 1-877-952-3181

Email: info@seniorsadvocatebc.ca

Website: seniorsadvocatebc.ca



PRIVACY TIPS FOR SENIORS

PROTECT YOUR PERSONAL INFORMATION



OFFICE OF THE
SENIORS ADVOCATE
BRITISH COLUMBIA



STAY SAFE ONLINE

SAFE ONLINE PRACTICES

Protect your devices: Install and keep antivirus/security software updated.

Wi-Fi: Avoid sensitive transactions (like online banking) while using public Wi-Fi.

Choose secure passwords: Use different ones for different accounts, and store them securely.

Beware unknown senders : Don't open emails from people or organizations you don't know. If you do, don't reply. Never click on links or attachments when you don't know the sender. Close the email and delete it.

Use secure sites: Use websites with "https" - not "http" - in their addresses when inputting bank or credit info.

Social media: Don't accept friend requests from people you don't know in real life. Don't share your home address or other sensitive information on social media sites.

PROTECT YOURSELF

More seniors are online than ever before - some 73%, according to Statistics Canada. We know that technology is enriching your lives.

At the same time, thousands of BC seniors are targeted every year by people looking to exploit their personal information.

These scammers want your personal information - social insurance number, banking and credit details, etc.

Here we offer a few suggestions on how you can protect your privacy.

STOP IDENTITY THEFT

THREE ESSENTIALS

Guard your SIN: Your social insurance number and birth date are all someone needs to steal your identity. Protect it: exercise caution when providing it and shred documents that include it.

Limit personal details: Provide as little personal information as possible and be wary of anyone who asks for credit/banking info by phone or email.

Ask questions: Ask how your personal information will be used or why you are being asked for something. Consider seeking outside advice if you're unsure.